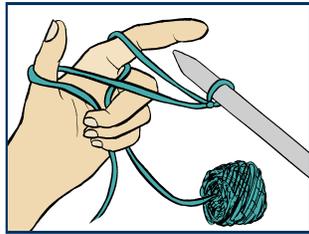


# Beginner Knitting with Kerry

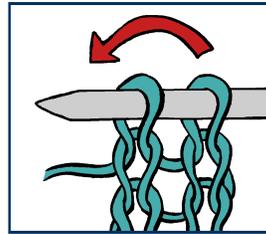
## Casting On

- long tail cast on
- setup: 2 Vs
- over, under, through

[bit.ly/1P8PrRc](http://bit.ly/1P8PrRc)



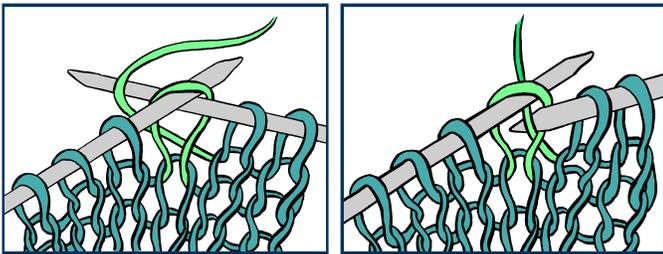
## Binding Off



knit (or purl) 2 stitches, pass 1st stitch over 2nd stitch, and off the needle

[bit.ly/1Zr0Nvd](http://bit.ly/1Zr0Nvd)

## Knit

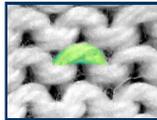


- yarn at back of work

front



back



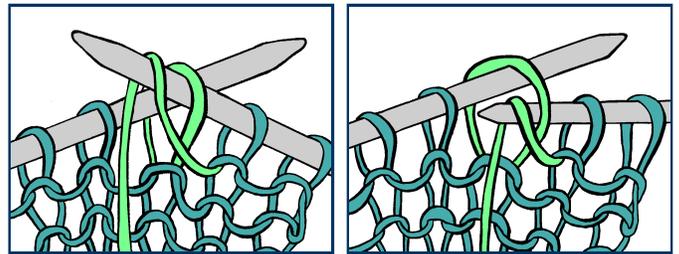
English:

[bit.ly/1OO02FA](http://bit.ly/1OO02FA)

Continental:

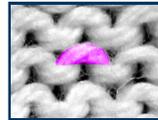
[bit.ly/1J1CnkC](http://bit.ly/1J1CnkC)

## Purl



- yarn at front of work

front



back



English:

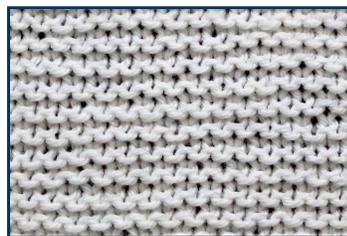
[bit.ly/1Zj8H4k](http://bit.ly/1Zj8H4k)

Continental:

[bit.ly/1mTJmBA](http://bit.ly/1mTJmBA)

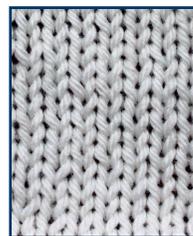
## Garter Stitch

knit all stitches  
OR  
purl all stitches



## Stockinette Stitch

knit one row  
purl one row  
(repeat)



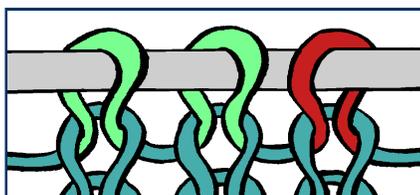
front

back



## Stitch Orientation

right leg of the stitch  
in front



## Next Steps & Helpful Links

- Beginner Part 2: [shallweknit.ca](http://shallweknit.ca)
- Beyond Knit and Purl, by Kate Atherly
- Ravelry: [ravelry.com](http://ravelry.com)
- Kerry's website: [kerrysmart.ca/knit](http://kerrysmart.ca/knit)